

**Faculty of Traditional Medicine**  
KhesarGyalpo University of Medical Sciences of Bhutan



**Annual Report**  
**2015-16**

## **1. Introduction**

The National Institute of Traditional Medicine (NITM) was established in 1971 at Dechencholing as per the National Assembly Resolution No. 32, Article 11 to develop human resources for the traditional medical service with the recruitment of 8 students for Menpa training. On the Royal Command of His Majesty JigmeSingyeWangchuck, the fourth King of Bhutan, the DrungtshoCourse (B.Sc. TM) was started in 1978. The training center was shifted to the present site in 1992 and the training programmes were conducted under the Ministry of Health (MoH). In 2003, NITM became one of the founding members of the Royal University of Bhutan (RUB) and in 2007 it was officially transferred to RUB from the MoH. The Royal University of Bhutan was delinked from the Royal Civil Service Commission and functioned as an Autonomous and independent organization from July 2011. On 29th November 2013, the National Institute of Traditional Medicine was delinked from the Royal University of Bhutan and transferred to the Khesar Gyalpo University of Medical Sciences of Bhutan as per the Government directives and renamed as the Faculty of Traditional Medicine (FoTM).

### **1.1. Vision**

*The Faculty aspires to become a center of excellence in traditional medicine education and research that produces GNH inspired graduates with appropriate knowledge and skills to meet the international standards.*

### **1.2. Mission**

*The Faculty will strive to achieve excellence in the design, development and delivery of Sowa Rigpa education programmes through research and innovation, blending the rich ancient wisdom and modern science to make the programmes relevant for the current health needs of the people.*

### **1.3. Objectives:**

- 1.3.1. To develop human resource for traditional medical services in the country.
- 1.3.2. To strengthen and develop Sowa Rigpa system of medicines through research and development.
- 1.3.3. To develop into a premier institute of learning in Sowa Rigpa and practices with the state of art infrastructure, management and teaching and learning facilities.

### **1.4. Mandates, Functions, Roles and Responsibilities**

- 1.4.1. Incorporate the values and principles of Gross National Happiness (GNH) as educational foundations for all programmes.

- 1.4.2. Provide quality education and training in Sowa Rigpa to both national and international students.
- 1.4.3. Enhance the quality of educational programmes through increasing international partnerships and collaborations.
- 1.4.4. Serve as the Knowledge hub in traditional medicine by working closely with community and industry.
- 1.4.5. Contribute to opening up new paths to better future through research and inquiry.
- 1.4.6. Provide continuing medical education for enhancing knowledge and skills of the practitioners.
- 1.4.7. Diversify Sowa Rigpa education programmes based on the current health needs of the country.
- 1.4.8. Preserve and promote the rich cultural heritage of the country.

## **2. Major Activities for 2015-16**

### **2.1. Programme Development:**

- 2.1.1. As per the recommendation of validation team for Drungtsho and sMenpa curriculums, practical guidelines and logbook for the students was developed and finalized during the consultation and coordination workshop held in January and May 2016.
- 2.1.2. The curriculum for Sorig Pharmacy was developed and submitted to the KhesarGyalpo University of Medical Sciences of Bhutan for the validation. Accordingly, the curriculum was validated and the course is ready to be offered from July 2016 onwards.
- 2.1.3. The Curriculum for short term training on Sowa Rigpa was developed and submitted to the KGUMSB.
- 2.1.4. The curriculum for the Certificate course in Sorig Massage was also developed and submitted to KGUMSB for endorsement.

## **2.2. Field Training Programmes**

- 2.2.1. As per the curriculum, 3<sup>rd</sup> and 7<sup>th</sup> semester Drungtsho and 3<sup>rd</sup> semester sMenpa trainees along with a lecturer went to Lingzhifor the identification and harvesting method of high altitude medicinalplants/herbs in August 2015.
- 2.2.2. The 5<sup>th</sup> semester sMenpa and 7<sup>th</sup> semester Drungtsho trainees were taken for the low altitude medicinal plants identification as practical field training in Trongsa and Gelephu in line with the module in the month of October 2015.
- 2.2.3. To understand both modern health care delivery system and traditional medicinal services, as well as motivation for Sowa Rigpa, the 1<sup>st</sup> year students were taken for orientation tour to three units of traditional medicine and faculty of nursing and public health and different hospitals and Basic Health Units under Paro and Punakha Dzongkhags in August 2015.
- 2.2.4. To impart training based on actual service needs of the public and to achieve the objectives of the institute, the 1<sup>st</sup> year Drungtsho and Menpa students were taken for the identification of Tshachus (hot medicated spring) and Menchus (medicated spring) in Gasa and Punakha Dzongkhags in November 2015.

## **2.3. Staff Development**

- 2.3.1. The Dy. Dean of student and Provost attended the Certificate Course in Counseling Psychology at the Sampurna Montfort College, Old Madras Road, Bangalore-India with the funding support from the University in May 2016.
- 2.3.2. Assistant Administrative Officer and Administrative assistant attended the Result Based management (RBM) at Paro December 2015.
- 2.3.3. Four support staffs are undergoing continuing education programme (degree) at the Royal Thimphu College.
- 2.3.4. Two lecturers attended the 1<sup>st</sup> level Human workshop and another two lecturers attended the 2<sup>nd</sup> level Human value workshop at Gedu college of Business Studies in April 2016.
- 2.3.5. One lecturer attended the reviewer training and two lecturers attended the author training conducted by Bhutan Health Journal (BHJ), Khesar Gyalpo University of Medical sciences of Bhutan in July 2015.

### **Staff Statistics for 2015-16**

- a) Number of Academic Staff

b) Number of Administration Support Staff	12
c) Number of GSC and ESP staff	05
<b>Total Staff</b>	<b>28</b>

## 2.4. Enrolment and Graduation of Students

2.4.1. Eight students were recruited for Drungtshoprogramme and twelve students were enrolled for sMenpaprogramme in July 2015.

2.4.2. Five Drungtsho and ten sMenpa students graduated from the institute in June 2015.



**Drungtsho and Menpa Graduates of 2015**

2.4.3. Eight students enrolled in Sorig Pharmacy in April 2016.

### Student Statistics for 2015-16

Sl. No.	Class/ Courses	Gender		Total
		Male	Female	
1	Bachelor of Science in Traditional Medicine (Drungtsho)	21	13	34
2	Diploma in Traditional Medicine (sMenpa)	18	12	30
<b>Grand Total</b>				<b>64</b>

## **2.5. Election of Deans and Deputy Deans**

In line with the Condition of Services of the University, the Dean and the Deputy Deans of Academic affairs and Students Affairs were elected in December 2015. The formal appointment ceremony was also conducted on an auspicious 24<sup>th</sup> day of the first month of lunar calendar which was graced by the honorable LyonpoTandinWangchuk, who is the Chairfor Governing Council (GC).



**Newly Appointed Deans and Deputy Deans of three Faculties**

## **2.6. Extra-Curricular activities.**

- 2.6.1. For the wholesome development of the students, extra co-curricular activities such as debate, quiz, speeches and presentations are carried out regularly during Friday sessions.
- 2.6.2. Every Wednesdays the students also take part in ChoeshedLayrim and Meditation programmes.
- 2.6.3. Students and faculty conductedMenlhaChoga every month on 8<sup>th</sup> day of lunar calendar (time 6.30am-8.30am).
- 2.6.4. Human values workshop was conducted at institute for all students in August 2015.
- 2.6.5. One student participated in Declamation Competition at National level organized by RIM.

2.6.6. Participated in Regional sports competition at Paro College of education conducted by RUSFOB in September 2015.

**2.7. Other Activities:**

2.7.1. Received 108 volumes of scripture (Ka\_jur) with funding support from WHO Country Officer in October 2015.

2.7.2. Mind revitalization and cleansing activity through the meditation and preaching of Dharma (Choeshey Lay-rim) by Venerable LeytshogLopen was conducted for all staff of FoTMat Khuruthang, Phunkha in December 2015.



**ChoesheyLeyrim**

2.7.3. The 7<sup>th</sup> Issue of sMenjonggSo-rig Journal was published and printed in 2015.

2.7.4. To commemorate the birth of His Royal Highness the Gyalsey, a tree plantation was organized in the campus on 6<sup>th</sup> February 2016 led by the Hon'ble President, KhesarGyalpo University of Medical Sciences of Bhutan.



**Tree plantation dedicated to His Highness the Gyalsey**

- 2.7.5. The staff and students of FoTM participated in the mass cleaning campaign conducted on 14<sup>th</sup> April 2016.



**Cleaning Campaign**

- 2.7.6. The first cultural show was organized by cultural club on 29<sup>th</sup> April 2016 with the Chief guests of Honorable president, Dr. KP Tshering KGUMSB and TrulkuThubten.
- 2.7.7. All staff and students participated in the Annual Cho-Bum recitation on 16<sup>th</sup> May 2016 coinciding with the 10<sup>th</sup> day of lunar calander, the day of birth anniversary of Guru Padma Sambhava.



### **3. Conclusion**

The completion of the construction of Academic and Administration building through the support of Government of India funding has greatly facilitated in improving the quality of training programmes for the Drungtshos and sMenpas. Further, there is a need to focus more on programme development and diversifying the academic programmes in Sowa Rigpa. There is also a need to focus more on Research and Development in Traditional Medicine as there is a huge scope and potential for development. Therefore, we look forward to receiving continuous support, guidance and directions from the Khesar Gyalpo University of Medical Sciences Of Bhutan.

## Annexure: Financial Statement

Particulars	1-Jul-2015 to 30-Jun-2016		Particulars	1-Jul-2015 to 30-Jun-2016	
<b>Opening Stock</b>		<b>158,560.53</b>	<b>Indirect Incomes</b>		<b>14,886,352.99</b>
<i>Stock of Stationaries &amp; Consumable Items</i>	158,560.53		<i>Misc Income</i>	75,603.00	
<b>Purchase Accounts</b>			<i>Rental Income</i>	815,226.43	
<i>Purchase</i>			<i>Rental Incomes</i>	12,456.06	
<b>Operating and Other Expenses</b>			<i>RGOB Grant</i>	13,678,000.00	
<i>Depreciation Expenses</i>			<i>S.I.T Income</i>		
<b>Direction Services</b>		<b>12,423,574.55</b>	<i>Tuition Fees</i>	305,067.50	
<i>Pay and Allowances</i>	10,847,834.68		<b>Closing Stock</b>		<b>158,560.53</b>
<i>Contributions- Provident Fund (DS)</i>	645,566.00		<i>Stock of Stationeries &amp; Consumable Items</i>	158,560.53	
<i>Gratuity</i>	(1,942,000.00)				
<i>Hospitality and Entertainment (DS)</i>	23,155.00				
<i>Meetings and Celebrations(DS)</i>	46,800.00				
<i>MoP- Building(DS)</i>	145,780.00				
<i>Mop- Computer(DS)</i>					
<i>MoP-Equipments (DS)</i>	46,500.00				
<i>Mop- Vehicles(DS)</i>	275,498.81				
<i>Op.Exp-Advertising &amp; Promotion (DS)</i>	18,025.00				
<i>Op.Exp-Taxes, Royalties&amp; Bank Charges (DS)</i>	28,883.34				
<i>Professional Service (DS)</i>	29,708.00				
<i>Renovation of Building(DS)</i>	108,408.00				
<i>S&amp;M-Printing,Publications (DS)</i>	93,930.00				
<i>S&amp;M - Stationaries(DS)</i>	149,150.00				
<i>S&amp;M-Uniforms (DS)</i>	40,550.00				
<i>Stipends (DS)</i>	915,750.00				
<i>Travel In-Country (DS)</i>	599,072.00				
<i>Utilities-Electricity ,Water &amp; Sewerage(DS)</i>	335,086.22				
<i>Utilities-Postage and Courier (DS)</i>					
<i>Utilities-Telephones ,Fax,E-Mail &amp; Internet (DS)</i>	15,877.50				
<b>Games &amp; Sports</b>		<b>54,687.00</b>			
<i>S&amp;M-Sports Items (GS)</i>	54,687.00				
<b>Identification of High &amp; Low Altitude of Medicinal</b>		<b>182,300.00</b>			
<i>Travel-In-Country (IHLAMP)</i>	182,300.00				
<b>Incountry Training Workshops</b>		<b>154,340.00</b>			

<i>Training HRD (ITW)</i>					
<i>Traning Others (ITW)</i>	<i>154,340.00</i>				
<b>Internet Leaseline Charges</b>		<b>143,508.80</b>			
<i>Utilities-Telephons, Fax,Telex,Internet (ILLC)</i>	<i>143,508.80</i>				
<b>Intership/attachement in District Hospital</b>					
<b>Orientation Tour</b>		<b>10,000.00</b>			
<i>Travel-Incountry (OT)</i>	<i>10,000.00</i>				
<b>Procurement of Library Books</b>					
<i>S&amp;M-Library Books</i>					
<b>Publication of MenjongSorig Journals</b>					
<i>S&amp;M -Printing and Publication (PMSJ)</i>					
<b>Research &amp; Development</b>					
<b>Study of Tshachus and Menchus</b>		<b>41,250.00</b>			
<i>Travel- Incountry (STM)</i>	<i>41,250.00</i>				
<b>Excess of Income over Expenditure</b>		<b>1,876,692.64</b>			
<b>Total</b>		<b>15,044,913.52</b>	<b>Total</b>		<b>15,044,913.52</b>